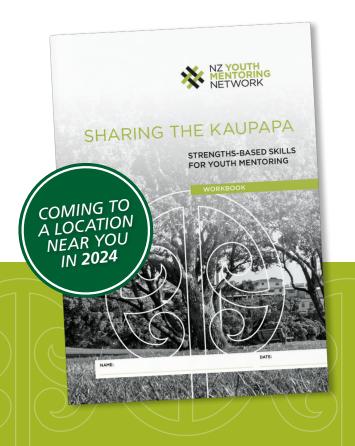


SHARING THE KAUPAPA -

Exploring Strengths-Based Approaches in Youth Mentoring

An exciting new workshop focusing on strengths-based skills



WORKSHOP OBJECTIVES

- ► To increase depth in understanding the strength-based philosophy
- ► To identify the relevance of a strengths focus in youth mentoring
- ➤ To shift youth mentoring practice and the language we use with and about young people to become increasingly strengths-based and mana-affirming
- ► To explore a reflective process to guide change (the Column Tool)
- ► To practice 12 strengths-based skills
- To build even stronger youth mentoring networks
- ► To have fun.

WORKSHOP STRUCTURE

- **1 Strengthen networks:** whakawhanaungatanga with a strengths focus
- 2 Key ideas: introducing the Strengths Approach
- 3 Key ideas: strengths-based youth mentoring
- **4 Key ideas:** exploring power-over and power-with
- 5 Practical stuff: the Column Tool
- 6 Practical stuff: 12 Strengths Skills
- 7 Practical stuff: small group work
- 8 Applying this to ourselves.

Look out for our other workshops

To find out locations and dates for all our workshops, visit youthmentoring.org.nz

