

Quality | Connections | Impact - Lifting the effectiveness of Youth Mentoring in Aotearoa New Zealand

We are pleased to offer a brand new workshop about **Quality Relationships in Youth Mentoring** based on requests from across the youth mentoring network.

In 2016 we released the second edition of our *Guide to Effective and Safe Practice in Youth Mentoring*. Since then, we've delivered 18 regional *Sharing the Kaupapa* workshops with 522 practitioners and 262 organisations.

The feedback from these workshops was extremely positive. Participants asked for more and asked us to return to the regions visited. Hence, we have created a brand new workshop based on the demonstrated desire to learn more about mentoring. Participants specifically requested to explore more about the art of forming and maintaining relationships with young people in mentoring.

Workshop objectives:

- To learn more about effective mentoring
- To develop specialised skills to build relationships with young people
- To provide new frameworks, research and skills to strengthen quality mentoring relationships, available for all levels of mentoring programme delivery, including coordinators, teachers, mentors, youth workers and volunteers
- To reintroduce and remind practitioners about the *Guide to Effective and Safe Practice in Youth Mentoring* (2nd edition)
- To expand upon Section 3 of the *Guide*: The Mentoring Relationship
- To strengthen regional and national networks in the youth mentoring community
- To have fun!



Workshop content and structure

The workshop is structured to mirror the typical mentoring relationship journey. You will receive a comprehensive workbook, explaining this framework, inspired by recent research about youth mentoring in Aotearoa and in other parts of the world.

- Youth mentoring recognises culture**
 - What are the unique indigenous approaches to mentoring in Aotearoa?
 - What are our cross-cultural competencies?
 - How do our cultures weave throughout everything we explore?
- Youth mentoring requires contemplation**
 - How do we reflect on our motivations to mentor?
 - How do we consider what young people are looking for and need?
 - Can we name programme aims, goals and expectations?
- Youth mentoring prioritises connections**
 - How to connect with young people? What works?
 - How are mentoring relationships formed?
 - Can we reflect on mentors in our own lives, and their impact on us now?
- Youth mentoring creates covenants**
 - How can we co-create with young people a shared purpose and goals?
 - How do we set boundaries and expectations?
 - Who needs to be involved in the relational agreement or 'covenant'?
- Youth mentoring includes challenges**
 - How can we respond to defiant and challenging behaviour?
 - How do we avoid power struggles and conflict?
 - How can we refocus and get relationships back on track?
- Youth mentoring needs continuity**
 - What skills and qualities can we apply as relationships mature?
 - How do mentoring relationships develop long term?
 - What kinds of ritual and rhythms can we create?
- Youth mentoring enables change**
 - What impact are our relationships actually having?
 - How can we evaluate progress and the covenant?
 - How do we know we've made a difference?

Please contact the NZ Youth Mentoring Network if you have any questions. E: info@youthmentoring.org.nz

We do hope you are able to join us for this special workshop.
Kia orana, Fakalofa lahi atu. Taloha ni. Talofa lava. Malo e lelei.

WORKSHOP DETAILS FOR YOUR REGION:

Date: Wednesday, 29 May, 2019
Location: Whanganui
Venue: The Avenue Kingsgate Hotel, 379 Victoria Ave, Whanganui
Start time: 9am - registration desk opens at 8.30am
Finish time: 4pm
Registration fee: There is a fee of \$35 inclusive GST to cover catering costs. You will also receive a comprehensive workbook

Register online now at https://sharing_the_kaupapa_whanganui2019.eventbrite.co.nz

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