### NAUMAI, HAERE MAI

# FREE public lecture Matariki/midwinter youth mentoring lecture

The University of Auckland Faculty of Education and Social Work, together with the NZ Youth Mentoring Network warmly invite you to a presentation by distinguished United States academic Edith "Winx" Lawrence from the University of Virginia, Curry School of Education.

Edith Lawrence, Ph.D. Professor Emeritus University of Virginia



## Bringing out the best in youth: A competence approach to mentoring

TUESDAY, 24 JULY, 2018 4pm - 6pm

**4pm** – Light refreshments and networking, auditorium foyer

4.30pm - 6pm - Public lecture

#### **VENUE**

The Music Auditorium

Epsom Campus, Epsom Ave, Auckland
Free parking at gate 2.

#### **REGISTER**

https://edith-lawrence-lecture.eventbrite.co.nz

#### PRESENTATION OVERVIEW

Adolescence is a period when youth may be in particular need of programming that focuses on their strengths, not their deficits. Building on twenty years of research on the University of Virginia's Young Women Leaders Program (YWLP), a combined group and one-on-one mentoring initiative that pairs college women with adolescent girls for a year, this presentation will explore how integrating a competence approach with leadership development activities in a mentoring program may be one avenue for bringing out the best in both mentees and their mentors. YWLP has served over 1500 youth through the home program, and numerous others through its 12 national and international "sister sites."

Evaluations of YWLP indicate a higher than average level of mentor and mentee program completion and satisfaction, and five years post-participation, lower levels of delinquency and higher levels of peer self-esteem.

#### **Presentation Objectives:**

- 1. Participants will learn the advantages for mentees and mentors of integrating a competence approach with a focus on leadership development in a mentoring program for youth.
- Participants will be able to identify how curricular components and program structure in a combined group and one-on-one mentoring program can address "mentees' and mentors' complex and interactive needs".

#### **BIOGRAPHY**

Professor Lawrence has taught in the Curry Programme in Clinical and School Psychology for over 35 years and was the first program chair of the Youth and Social Innovation major.

She is also cofounder and former director of the Young Women Leaders Program (YWLP). Established in 1998 a combined group and one-on-one mentoring program that pairs college women with middle school girls. She has published numerous articles on gender-responsive mentoring for girls, and best practices in supporting positive outcomes for mentored youth and college students as mentors.



